What is Node Js?

**Node.js** is a runtime environment that allows you to execute JavaScript code outside of a web browser. It is built on Chrome's **V8 JavaScript engine** and is designed to be lightweight, efficient, and scalable, particularly for building **server-side applications**.

What is NPM?

**NPM (Node Package Manager)** is the default package manager for Node.js. It is a command-line tool that helps developers install, manage, and share reusable code packages (called "modules" or "packages") for Node.js applications. NPM also hosts the world's largest software registry, containing hundreds of thousands of free, open-source packages that can be easily integrated into your projects.